



Lingfield Primary School PE Curriculum



Purpose of study

A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

Aims

The national curriculum for physical education aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives.

PE Curriculum Overview 2020/21

| | | Nursery | | Reception | Year 1 | | Year 2 | | Year 3 | | Year 4 | | Year 5 | | Year 6 | |
|--------|--------|------------------------------|----|-----------------------------|---------------------|------------|---------------------|------------|----------|--------------|----------|--------------|----------|------------|----------|------------|
| | | AM | PM | PM | AM | PM | AM | PM | AM | PM | AM | PM | AM | PM | AM | PM |
| Autumn | Term 1 | Using large equipment | | Body Management | Attack Defend Shoot | | Attack Defend Shoot | | Tennis | Tag Rugby | Tennis | Tag Rugby | Tennis | Tag Rugby | Tennis | Tag Rugby |
| | Term 2 | Climbing and Balancing | | Manipulation & Coordination | Send and Return | | Send and Return | | Netball | Hockey | Netball | Hockey | Netball | Hockey | Netball | Hockey |
| Spring | Term 3 | Speed, Agility, Travel /Yoga | | Yoga | Yoga | Gymnastics | Yoga | Gymnastics | Dance | Yoga | Dance | Yoga | Handball | Yoga | Handball | Yoga |
| | Term 4 | Send and Return | | Gymnastics | Dance | Dance | Dance | Dance | OAA | Hula hooping | OAA | Hula hooping | Cricket | Fencing | Cricket | Fencing |
| Summer | Term 5 | Moving and handling | | Speed, Agility, Travel | Hit Catch Run | | Hit Catch Run | | Cricket | Gymnastics | Cricket | Gymnastics | Rounders | Gymnastics | Rounders | Gymnastics |
| | Term 6 | Send and Return | | Cooperate & Solve problems | Run Jump Throw | | Run Jump Throw | | Rounders | Athletics | Rounders | Athletics | OAA | Athletics | OAA | Athletics |



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Autumn Term 1 2020

| | 9:00-10:30 | | | 10:45 – 12:00 | | | 1:00 – 3:00 | |
|--------------|-----------------------------------------|--|-----------------------------------------|---------------|--------------------------------------------|-----------------------------------------|--------------------------------------------|--|
| Mon | | | | | | <u>Year 6</u> Tag Rugby | <u>Year 5</u> Tag Rugby | |
| Tues | <u>Year 6</u> Tennis | | | | | <u>Year 4</u> Tag Rugby | <u>Year 3</u> Tag Rugby | |
| Wed | <u>Year 4</u> Tennis | | <u>Year 3</u> Tennis | | | <u>Year 2</u> Attack Defend Shoot | <u>Year 1</u> Attack Defend Shoot | |
| Thurs | <u>Year 2</u> Attack Defend Shoot | | <u>Year 1</u> Attack Defend Shoot | | <u>Nursery</u> Using large equipment | <u>Reception</u> Body Management | <u>Nursery</u> Using large equipment | |
| Fri | <u>Year 5</u> Tennis | | | | | | | |

Drop off (08:45am)

Morning Break

Lunchtime

End of the School Day



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Autumn Term 2 2020

| | 9:00-10:30 | | | 10:45 – 12:00 | | | 1:00 – 3:00 | |
|--------------|----------------------------------|--|----------------------------------|---------------|------------------------------------------|---------------------------------------------------|------------------------------------------|--|
| Mon | | | | | | <u>Year 6</u> Hockey | <u>Year 5</u> Hockey | |
| Tues | <u>Year 6</u> Netball | | | | | <u>Year 4</u> Hockey | <u>Year 3</u> Hockey | |
| Wed | <u>Year 4</u> Netball | | <u>Year 3</u> Netball | | | <u>Year 2</u> Send and Return | <u>Year 1</u> Send and Return | |
| Thurs | <u>Year 2</u> Send and Return | | <u>Year 1</u> Send and Return | | <u>Nursery</u> Climbing and balancing | <u>Reception</u> Manipulation and Coordination | <u>Nursery</u> Climbing and balancing | |
| Fri | <u>Year 5</u> Netball | | | | | | | |

Drop off (08:45am)

Morning Break

Lunchtime

End of the School Day



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Spring Term 1 2021

| | 9:00-10:30 | | | | 10:45 – 12:00 | | | 1:00 – 3:00 | | |
|--------------|---------------------------|--|------------------------|----------------------|------------------------|-----------------------------|------------------|-----------------------------|-----------------------|------------------------------|
| Mon | | | | Morning Break | | | Lunchtime | <u>Year 6</u> Yoga | <u>Year 5</u> Yoga | End of the School Day |
| Tues | <u>Year 6</u> Handball | | | | <u>Year 4</u> Yoga | <u>Year 3</u> Yoga | | | | |
| Wed | <u>Year 4</u> Dance | | <u>Year 3</u> Dance | | | <u>Year 2</u> Gymnastics | | <u>Year 1</u> Gymnastics | | |
| Thurs | <u>Year 2</u> Yoga | | <u>Year 1</u> Yoga | | <u>Nursery</u> Yoga | <u>Reception</u> Yoga | | <u>Nursery</u> Yoga | | |
| Fri | <u>Year 5</u> Handball | | | | | | | | | |

Drop off (08:45am)

Morning Break

Lunchtime

End of the School Day



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Spring Term 2021

| | 9:00-10:30 | | | 10:45 – 12:00 | | | 1:00 – 3:00 | |
|--------------|------------------------------------------------------------|--|------------------------------------------------------------|---------------|------------------------------------------|---------------------------------------|------------------------------------------|------------------------------|
| Mon | | | | | | <u>Year 6</u> Fencing | <u>Year 5</u> Fencing | End of the School Day |
| Tues | <u>Year 6</u> Cricket | | | | | <u>Year 4</u> Hula Hooping | <u>Year 3</u> Hula Hooping | |
| Wed | <u>Year 4</u> Outdoor Adventure Activities | | <u>Year 3</u> Outdoor Adventure Activities | | | <u>Year 2</u> Dance | <u>Year 1</u> Dance | |
| Thurs | <u>Year 2</u> Dance | | <u>Year 1</u> Dance | | <u>Nursery</u> Send and Return | <u>Reception</u> Gymnastics | <u>Nursery</u> Send and Return | |
| Fri | <u>Year 5</u> Cricket | | | | | | | |

Drop off (08:45am)

Morning Break

Lunchtime



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Summer Term 1 2021

| | 9:00-10:30 | | | | 10:45 – 12:00 | | | 1:00 – 3:00 | | |
|--------------|---------------------------------------|--|---------------------------------------|----------------------|------------------------------------|-------------------------------------------------|------------------|---------------------------------------|------------------------------------|------------------------------|
| Mon | | | | Morning Break | | | Lunchtime | <u>Year 6</u> Gymnastics | <u>Year 5</u> Gymnastics | End of the School Day |
| Tues | <u>Year 6</u> Rounders | | | | <u>Year 4</u> Gymnastics | <u>Year 3</u> Gymnastics | | | | |
| Wed | <u>Year 4</u> Cricket | | <u>Year 3</u> Cricket | | | <u>Year 2</u> Hit Catch Run | | <u>Year 1</u> Hit Catch Run | | |
| Thurs | <u>Year 2</u> Hit Catch Run | | <u>Year 1</u> Hit Catch Run | | <u>Nursery</u> Football | <u>Reception</u> Speed Agility Travel | | <u>Nursery</u> Football | | |
| Fri | <u>Year 5</u> Rounders | | | | | | | | | |

Drop off (08:45am)

Morning Break

Lunchtime

End of the School Day



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Summer Term 2 2021

| | 9:00-10:30 | | | | 10:45 – 12:00 | | | 1:00 – 3:00 | | |
|--------------|------------------------------------------------------------|--|-------------------------------------------|----------------------|------------------------------------------|------------------------------------------------------------|------------------|------------------------------------------|-----------------------------------|------------------------------|
| Mon | | | | Morning Break | | | Lunchtime | <u>Year 6</u> Athletics | <u>Year 5</u> Athletics | End of the School Day |
| Tues | <u>Year 6</u> Outdoor Adventure Activities | | | | <u>Year 4</u> Athletics | <u>Year 3</u> Athletics | | | | |
| Wed | <u>Year 4</u> Rounders | | <u>Year 3</u> Rounders | | | <u>Year 2</u> Run Jump Throw | | <u>Year 1</u> Run Jump Throw | | |
| Thurs | <u>Year 2</u> Run Jump Throw | | <u>Year 1</u> Run Jump Throw | | <u>Nursery</u> Send and Return | <u>Reception</u> Cooperate and Solve Problems | | <u>Nursery</u> Send and Return | | |
| Fri | <u>Year 5</u> Outdoor Adventure Activities | | | | | | | | | |

Drop off (08:45am)

Morning Break

Lunchtime

End of the School Day



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School Sports Level 2/3 Events 2020/21

Middlesbrough Primary Sports Events Overview 20/21

| Autumn Term | | Spring Term | | Summer Term | |
|----------------------|--------------------------------|------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|
| 1 st Half | 2 nd Half | 1 st Half | 2 nd Half | 1 st Half | 2 nd Half |
| | Virtual Indoor athletics event | Y5/6 & Y3/4 Sportshall Athletics, Wednesday 13 th & Thursday 14 th January, AM & PM events | Y5/6 Girls Netball, Wednesday 3 rd March 12:30 – 4pm | Y5 Championship Basketball, Wednesday 21 st April, 12:30 – 4pm M'bro College | Y5/6 Boys Cricket, Tuesday 15 th June, 9:30 – 2:30pm Champ M'bro CC, Plate Marton CC, |
| | Virtual gymnastics event | Y5/6 Swimming Gala, Tuesday 19 th Jan, 9:30 – 12, Neptune swimming baths | Cross Country, Y3/4 boys + Girls, Y5 boys + Girls & Y6 boys + Girls TBC | Y4/5 Orienteering, Thursday 29 th April, Stewart Park. | Y5/6 Girls Cricket, Thursday 17 th June, 9:30 – 2:30pm Champ M'bro CC, Plate Marton CC, |
| | | Y3 Tennis Final, Queens Campus Stockton | Y5/6 Boys and Girls Football Comp TBC | Y3/4 Summer Smash Cricket, Thursday 20 th May, 9:30 – 2:30pm Champ M'bro CC, Plate Marton CC, | Y3/4 Boys Football Comp, A, B & C teams Monday 28 th June, 9:30 – 2:30pm, MSV. |
| | | Y4 Tennis Final, Queens Campus Stockton | | | Y3/4 Girls Football Comp, A, B & C teams Tuesday 29 th June, 9:30 – 2:30pm, MSV. |



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| | | | | | |
|--|--|------------------------------------------------------|----------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|
| | | Y3 Racquet and ball festival, Queens Campus Stockton | Tees Valley Y5/6 Boys Football, Monday 8 th March, Hurworth MFC training ground | Y1/2 & Y3/4 Quad Kids Athletics Tuesday 25 th May, MSV, 9:30 – 2:30pm | Y1/2 Football Festival, mixed event, A & B teams Friday 2 nd July, 9:30 – 2:30pm, MSV. |
| | | | Tees Valley Girls Netball Finals, Wednesday 10 th March, Eston, 10 - 2pm | Y5/6 Track and Field Athletics, Wednesday 26 th May, MSV, 9:30 – 2:30pm | Middlesbrough Primary Sports Personality of the Year Awards, TBC |
| | | | Tees Valley Y5/6 Girls Football, Monday 22 nd March, Hurworth MFC training ground | Y6 / B Team Quad Kids Athletics Thursday 27 th May, MSV, 9:30 – 2:30pm | |
| | | | Tees Valley Swimming Finals, Wednesday 24 th March, Darlington, 9 – 2:30pm | | Tees Valley School Games Finals, Wed 16 th June, MSV, 9 – 2:30pm |
| | | | | | Tees Valley Y5 & Y6 Athletics Finals, Thursday 24 th June, MSV, 9:30 – 2:30pm |