

# Don't forget your flu vaccine

## Where to get your FREE **NHS** vaccine

Children aged 6 months - 2 years with a long-term medical condition and all children aged 2 & 3 years old



Children in school (including home educated) - Reception to Year 7



Children in school (including home educated) - Reception to Year 7 with a long-term medical condition



Children in school Year 8 up to the age of 18 with a long-term medical condition



Pregnant Women



Adults aged 18 - 64 years old with a long-term medical condition including those on the NHS shielding list



Adults aged 65 and above from September onwards  
Adults aged 50—64 from November onwards



Residents in care or nursing homes



Carers and household contacts of NHS shielded patients



Frontline staff working in a registered care home, domiciliary care provider, hospice or employed through direct payments



Close contact of immunocompromised individuals



# Long Term Medical Conditions



## include those with:

Chronic respiratory disease, such as severe asthma, chronic obstructive pulmonary disease (COPD) or bronchitis

Chronic heart disease such as heart failure

Chronic kidney disease at stage three, four or five

Chronic liver disease

Chronic neurological disease, such as Parkinson's disease, motor neurone disease, cerebral palsy

Learning disability

Diabetes

Splenic dysfunction or asplenia

A weakened immune system due to disease (such as HIV/AIDS) or treatment (such as cancer treatment)

Morbid obesity (BMI of 40 and above)

## Carer's eligibility:

Those in receipt of a carer's allowance, or who are the main carer of an older or disabled person whose welfare may be at risk if the carer falls ill.